

10 Reasons to give your wardrobe a new season makeover!

With the greyer skies and temperatures dipping, is it any wonder we are checking our closets for cosier options to our summer clothing?

1. Tidy cupboards = **tidy mind!**
2. 'Glow with **confidence**' wearing your **best colours**
3. Enjoy wearing items that **flatter your figure**
4. Wear items to suit your '**wardrobe personality**'
5. Enjoy the benefits of a workable **capsule wardrobe**
6. Use **accessories** for success
7. Have fun experimenting with some new season's **trends**
8. Feel more **feminine** with an underwear overhaul
9. A **personal shopper** can guide you through your best selections
10. Capture the **updated you** – glamour or professional portrait shoot!

First things first...take stock:

Before you even think about shopping, make sure you have done a thorough inventory of what's already in your cupboards. Divide items into: work basics, weekend clothes, outerwear, evening wear, shoes, bags & other accessories, including jewellery, scarves and even glasses!

Do you want to inject some 'wow factor' into your daily dressing routine but are not sure which trends are (re-)emerging... visit www.mycapsulewardrobe.com for seasonal updates.

Traditionally autumn is a time for subdued quiet colours, but this year we see a shift towards cooler tones, with bright, exciting, rich, elegant hues that add freshness. The 'it' colours this season are 'blue iris' (blue with purple undertone) and 'royal lilac'.

My Autumn/Winter updates so far...

Light grey mac (fantastic purchase on hot day in July!)

Light grey collared waistcoat

Grey marl bow jersey top

Dusky pink pashmina

Blue patent mid heel courts

Navy tank top – classic piece for layering

Navy/white silk neckscarf

Cornflower blue jersey pashmina wrap – so flexible

Total: just shy of £200 (all High Street)

Still on my radar:Mid grey tweedy pencil skirt, Blue/grey lacey top, Grey suede platform shoes, Plain opaque tights.

Forecast spending: £110 for these items

****Total A/Winter spend of just over £300** which will complement my ever-growing-bigger capsule wardrobe! As Gok says, "you don't have to spend a fortune to look fab!"