

style2you

**glowing with confidence*

What has 2010 in store for you?

The beginning of a new year, let alone a new decade, usually makes us take stock of where we are in our lives and we then make resolutions (or promises) of actions we would like to take to achieve those aspirations. How many of you stick to them? Not many I bet! The most rewarding things in life require 'effort' and this also extends to making the most of yourself and your image to get what you want. For those of you who have hummed and haed over justifying the cost of asking for expert help, work out how much the lack of knowledge has cost you. This may be hard to quantify but if you really analyse this question you will realise the money you have wasted buying unsuitable items that haven't made you feel any better about yourself.

The most important person in your life is YOU! Stop making excuses and putting other people first. When you are being your authentic/best self everything goes your way, so stop sweating about the small stuff and let's conquer the big stuff together. You deserve to be confident and receive graciously. So, what's on your 2010 agenda? A well overdue **wardrobe detox** and **shopping trip** or **colour & styling session** to roll back the years??

SALE!

These are a few items I have left from my clothing and accessories collection:

Pewter leather boots – UK size 7.5/8 (1 pair only)
Were £119, **now in the sale at £50** (& p+p)



Teal leather jacket – UK size 14 (1 only)
Was £179, **now in the sale at £89** (& p+p)
Give me a call if you are tempted! First come first served.

Fantastic way to take control of your weight...

I promised a new photo of me before Christmas to show you how I'd been getting on with my weight loss and wellbeing journey. Here I am, slimmest I've been in 20 years and now sporting size 12 jeans and maintaining my great results.

To find out more log onto www.sureslim.co.uk the nearest clinic to me is Aylesbury (HP22). I cannot recommend the plan highly enough. This could well be one of your new year resolutions! Make that call.



Colour in Your Home – open evening event

Want to live in zen-like harmony at home? We cannot guarantee marital bliss but we can ensure your home reflects your personality and create a mood board that soothes or inspires depending on what activities take place where. If you are curious to find out more, why not come along to our open evening hosted by myself and interiors designer Sandra on 28th January at 7pm. Call me for more details.



Budding style trainees WANTED!

Who do you know who is passionate about style and fashion? Perhaps they work in retail but would like a bit more freedom when it comes to helping customers out personal shopping? Maybe you are thinking about returning to work and looking for a rewarding career that is flexible around children and family commitments? Call me for a course overview.

Fiona McClurg-Welland

Contact: 07969 001031

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