

style2you

**glowing with confidence*

Dazzle in colour this party season!

It's a fact that colour affects both our behaviour and our moods. Wearing the right shades gives your confidence an instant lift and attracts positive vibes from others. Why not try sporting a flash of vibrant colour on your body and toes this Christmas – striking reds give you energy, warmth and a feeling of strength; pretty pinks leave you feeling calm and tranquil; and playful corals make you smile!

Dresses from **M&S**



A day of wardrobe planning = a season (if not lifetime) of wearing

With the cooler weather now kicking in I have been busy reviewing wardrobes of clients up and down the region. You all want to look good whilst saving money so it makes sense to find new outfits from your existing collection of clothes and accessories right? Let me wave my magic wand and show you how to make 10 more outfits you didn't know you had. Once you learn the basics of colour and style you'll feel confident and look amazing! Ask me about my **special offer** which runs until Christmas...

Your style to My Style!

Style Magazine (Hertfordshire) recently published a feature where they peer into the wardrobes of stylish people, so for a change you can **read about My Style** (page 9) instead of yours. **PDF** version

Gift Experiences

With Christmas fast approaching you are probably wondering what special gift to buy your nearest and dearest? Why not consider giving them the best gift ever of some confidence boosting time with me? My expert colour and capsule wardrobe advice lasts a lifetime, so if you'd like to help them save time, money and frustration on shopping, what better way to express your love!



SureSlim comes to Aylesbury

For those of you who have seen me recently (or have viewed the above article) will know that I have managed to lose 51 lbs in weight and 24 inches from my body in 5 months by following an amazing wellness and **weight loss programme**. The good news is that my friend (who lost slightly more than me) has taken on the franchise locally, so to find out more give her a call 0844 6698960. She offers a confidential no-obligation appointment to share their winning formula with you. Yes, you could drop a dress size by Christmas. (My 20 year goal of returning to a size 14 has come true!)



Which picture do you belong to?



Fiona McClurg-Welland

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